

WHEELING WHEELMEN

Release and Waiver of Claims for Personal Injuries and Other Damages

Ride Name:	Date:
Distance(s):	Host:

In signing this waiver for myself, or as a parent or legal guardian for the entrant named, I hereby release from responsibility and hold harmless from any claim, foreseen or unforeseen by me or my family, estate, heirs or assigns, the **Wheeling Wheelmen, Inc. ("Wheeling Wheelmen")**, and it's agents, employees, officers, volunteers, other participants, any sponsors, advertisers and owners or lessors of the premises on which a **Wheeling Wheelmen** activity takes place for any and all claims, damages, demands, injuries and losses whatsoever, arising from my transportation to, participation in, and/or presence at a **Wheeling Wheelmen** activity, and do so entirely of my own initiative. I understand that riding a bicycle can be a risky and dangerous activity and may result in serious bodily injury, including permanent disability, paralysis and death (collectively "risks"). I fully accept and assume all such risks and all responsibility for all costs, damages and losses I incur as a result of my participation in a **Wheeling Wheelmen** activity. I agree to obey all traffic laws and operate my bicycle in a safe manner. I agree that verbal or written route information, cue sheets, and/or Ride with GPS files are provided for my convenience, but do not guarantee a safe route or bike ride. I certify that I have read this waiver, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it of my own free will and accord. If the entrant is a minor, I, the minor's parent or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified to participate in a **Wheeling Wheelmen** activity. I also authorize emergency medical treatment if I or the minor is injured or becomes ill.

I have read and understand this waiver. I agree to be legally bound by it.

All Riders MUST Wear a Helmet!!!

Member Name	Member Number	Miles	Member Name	Member Number	Miles
1				16	
2				17	
3				18	
4				19	
5				20	
6				21	
7				22	
8				23	
9				24	
10				25	
11				26	
12				27	
13				28	
14				29	
15				30	

**Guest: Please sign below (signature required).
Only one guest ride is permitted by insurance regulations.**

Guest's Name (Print)	Guest's Name (Signature)	Miles

**RIDE HOST: PLEASE SEND TO: EMILY QUALICH, 2260 APPLE HILL CT SO., BUFFALO GROVE, IL 60089
OR SCAN FORM & EMAIL TO E.QUALICH@COMCAST.NET, SUBJECT: WW MILES**

Member Name	Member Number	Miles	Member Name	Member Number	Miles
			41		
			42		
			43		
			44		
			45		
			46		
			47		
			48		
			49		
			50		

Additional Guests Sign Below:		
Guest's Name (Print)	Guest's Name (Signature)	Miles

Before the ride commences, introduce any new riders and please announce the following to all riders.

For your own safety, please obey the following rules of the road:

- ✓ All riders must wear a helmet at all times during the ride.
- ✓ Ride in a straight line as far to the right as possible.
- ✓ Don't ride more than two abreast and avoid bunching up, especially on hills and intersections.
- ✓ Signal you intention to turn, change lanes, slow down or stop.
- ✓ Be alert for overtaking cyclists and allow them room to pass.
- ✓ Advise those that you are about to pass by calling out "On your left" or "On your right".
- ✓ Get completely off the pavement when you stop for repairs or a rest.
- ✓ Call or point out – or both – hazards such as potholes, rough road, etc.